NAZ schools, partners, staff and parents are all beginning to work in alignment to support scholars to reach their unlimited potential in North Minneapolis! We recognize that scholar’s behaviors—whether positive or negative—are the expressions of their life experiences. We are working together using engagement practices informed by what we know are impacts of historical, racialized trauma to better support scholar self-regulation, constructive communication, and positive actions. By fostering a shared language, shifting our lens, supporting self-worth, and building skills, we are creating a landscape for NAZ families to thrive and scholars to soar.

THE PLAN

NAZ is supporting the following practices across our partner settings as part of a community wellness journey with each partner:

**Adjusting Our Lens to Trauma-Informed**

Team training to help launch the framework and establish a new lens for how we approach scholars and parents, such as ACES (adverse childhood experiences) training and historical racialized trauma. Staff begin to see how trauma shows up in scholars and families, and how their interactions can support wellness, especially with the context of white staff working with African American or other students of color.

**School-wide Culture Building; Response to Intervention & Development of Wellness Indicators**

Strategic planning to help make supportive strategies come together within a school or partner setting to meet pressing scholar and family needs and create a positive wellness culture.

**Coaching & Consultation for Improved Scholar and Parent Engagement**

*Developmental repair* is a training and coaching tool to help teachers and support staff become “regulating partners” to scholars, supporting them with their emotional and social development in school and community settings. Building the toolkit for how staff can join with scholars to help regulate the effects of trauma and stress in the classroom.

*Empowerment as a Foundation* with school/partner staff for building self-image and developing positive interactional skills with scholars and parents. This includes a deep exploration of what we as individuals (ie- self) bring to the equation.
THE PLAN (continued)

Aligned Interventions with Parents and Scholars

• NAZ Scholar and parent Coaching and education around mindset and empowerment
• Implementing strategies like yoga for children and meditation in schools
• Washburn school-based clinician expansion in schools
• Social-emotional coaching through schools and partners

THE MODEL

NORTHSIDE INSTITUTE

In August of 2018, the Northside Institute gathered over 200 Northside teachers, para-professionals, and partners who attended sessions on developmental repair, personal empowerment, impact of race in schools, and actionable insights for classrooms. The Northside Institute plans on to expand in the summer of 2019.

“Breathtaking, amazing, emotional, healing, powerful. I will use this info to cultivate change within myself to help my community.” -2018 participant